



MENTAL HEALTH MATTERS

BECAUSE THE NEW NORMAL ISN'T NORMAL AT ALL

Join Crowley ISD Counseling Services and My Health My Resources (MHMR) of Tarrant County on **Friday, Jan. 22** for a **Mental Health Matters** event. The event will consist of nine ZOOM sessions featuring several guest speakers and will cover many mental health and self care topics for Crowley ISD staff. Special giveaways will be handed out throughout the event.



FRIDAY, JAN. 22, 2021

TIME: 1- 4 P.M.



REGISTRATION INFORMATION

<https://registration.esc11.net/catalog/sessions/27140/50911>

