



PE/Health Adoption

April 28, 2022







Top Evidence Base

120+ Peer-Reviewed Scientific Studies



TEA Approved

Coordinated School Health Program



Aligned to 100% of TEKS

Latest K-8 Health & PE Standards



Widely Adopted

Over 50% of Texas K-8 Schools



TEXAS ESSENTIAL KNOWLEDGE & SKILLS (TEKS) ALIGNMENTS

All of the CATCH instructional resources are aligned to the **new-for-2022 Texas Education and Knowledge Standards**.

 = 100% coverage in '22-23

Health Strands	Elem	Middle
Physical Health & Hygiene		
Healthy Eating and Physical Activity		
Mental Health & Wellness		
Alcohol, Tobacco, & Other Drugs		
Injury & Violence Prevention and Safety		
P.E. Strands		
Movement Patterns & Movement Skills		
Performance Strategies		
Health, Physical Activity, & Fitness		
Social & Emotional Health		
Lifetime Wellness		

Not included: Reproductive Health



Preview and leave feedback on the CATCH.org materials by going to the Crowley ISD website between now and May 13.



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