# Care Solace Calming the Chaos of Mental Health Care June 22, 2023





3 EMPOWERED STAFF







### Our Purpose

We are tireless allies on a mission to make access to mental health care easy, inclusive, and dignified.

We exist to connect people to the support they need with respect and trust.

care/solace



# Care Solace is a mental health care coordination service

We are tireless allies on a mission to make accessing care easier than ever before. We exist to connect everyone to the support they need.



8,000+ K-12 and Higher Ed Schools



6M+ Students



19M+ Staff & Family Members



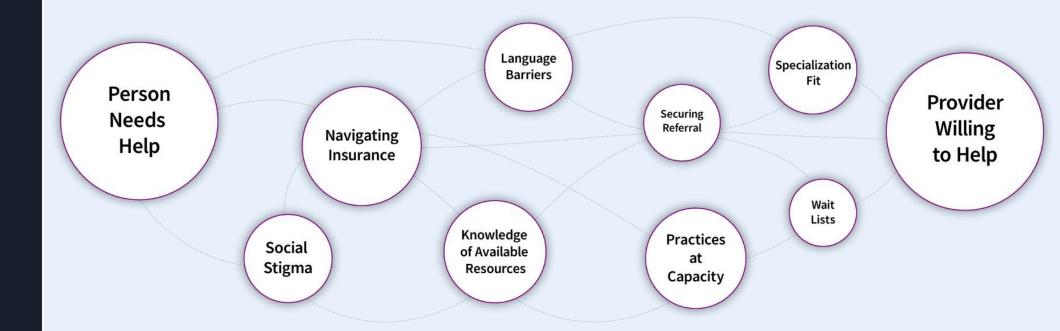
400K+ Hours Saved

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### The Mental Health Care System



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### We provide timely access to communitybased care with added layers of support.



Warm Handoff®

Referral Submission & Real-Time Tracking



Care Companions™

24/7/365 Multilingual Navigation Support



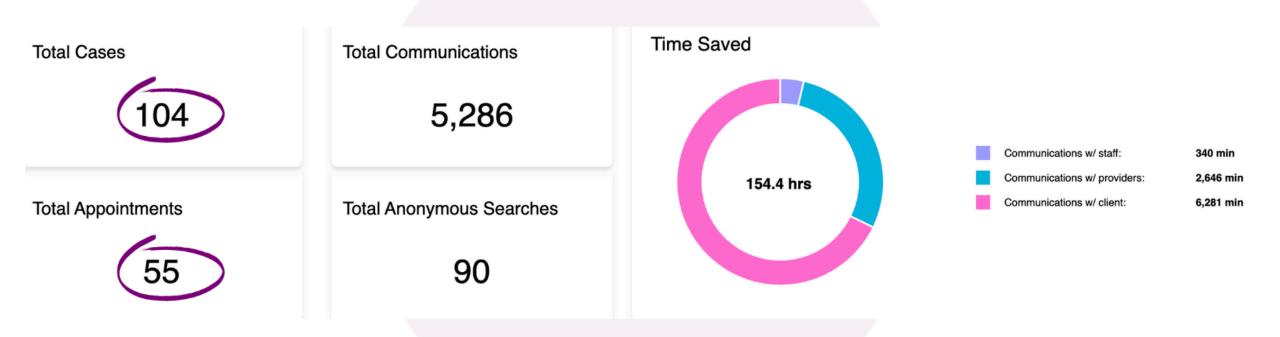
Care Match™

Anonymous Self-Service Search Tool

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<sup>\*</sup>Appointment rate of 53% versus 18% national average when given list of resources.

#### Key Performance Indicators (KPIs)

	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Total
Inbound interactions ?	8	68	53	57	115	102	97	79	18	597
Communications saved ?	31	735	510	507	736	920	618	549	83	4,689
Warm Handoffs®	4	11	4	10	13	11	11	9	0	73
Family-initiated cases   ?	0	7	1	3	7	5	7	1	0	31
Total Unreachable	2	8	3	6	7	8	7	1	0	42
Total Declined Services	0	1	2	2	5	1	3	1	0	15
Total appointments into care ?	0	6	3	6	8	13	10	6	3	55
Anonymous searches ?	16	11	29	11	10	5	4	4	0	90





#### **Key Performance Indicators Defined:**

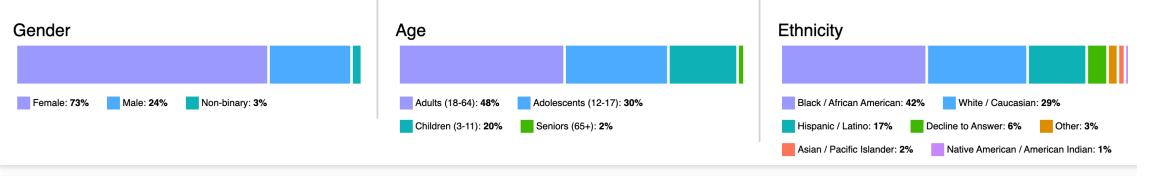
- Inbound Interactions: All in-bound phone calls, emails, and video-chats from community members
- Communication Saved: All outbound calls, emails, and texts by our team to coordinate care
- Warm Hand-offs: Referrals from school staff for help connecting to care
- Family Initiated Cases: Community members who contacted us directly for help making an appointment
- Total Appointments Into Care: Number of Warm Handoffs and Family Initiated Cases who confirmed appointments using our services. The national average is 18% for someone who searches without support.
- Anonymous Searches: All completed searches through your proprietary link

#### Additional Data Points

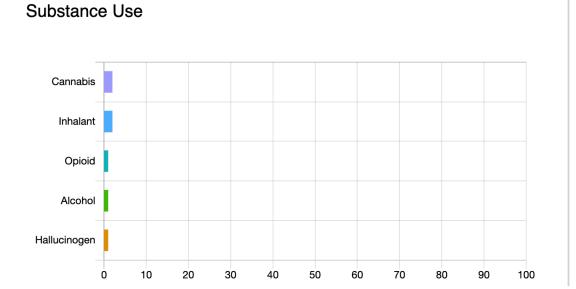
- Average Time to Match = 4 days
- Average Time to First Appointment = <u>17 days</u>
  - National averages are 5 and 28 days
- Appointment rate currently at <u>53%</u> for the year
  - Neighboring districts have appointment rates ranging from 34% to 52%
- After onboarding period of trainings and communications, utilization has been very strong
  - Next year will be first full school year of data to reference

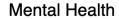


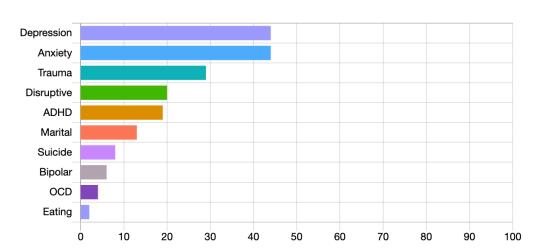
#### **Demographics**



#### **Community Needs**

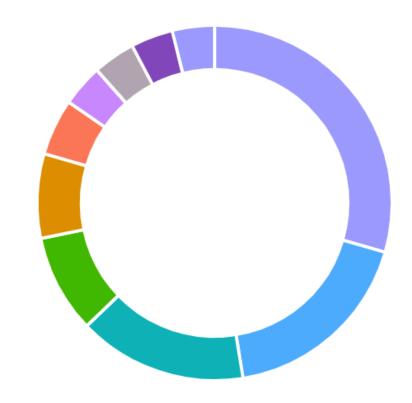








#### Top 10 Insurance



Blue Cross And Blue Shield:	23%
Medicaid:	14%
No Insurance - Sliding Scale:	12%
Blue Cross And Blue Shield (PPO):	7%
Self Pay:	6%
Blue Cross And Blue Shield (HMO):	4%
Aetna (PPO):	3%
Amerigroup (Medicaid):	3%
CIGNA (PPO):	3%
Aetna Better Health with Medicaid:	3%





#### Top 10 Providers & Resources



New Horizon Counseling Center:	9%
LifeStance Health:	8%
New Leaf Services, LLC:	6%
Therapeutic Transitions & Associates:	6%
Alison Bailey:	6%
Mindful Solutions Counseling:	4%
Kierra Lloyd:	4%
Dr. Valencia Campbell-Chapin:	4%
Keturah Health:	4%
Logos Counseling, LLC:	4%

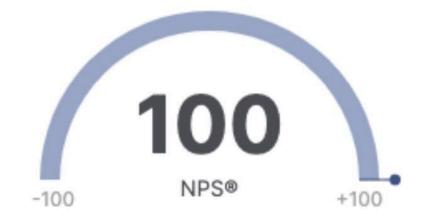






### Crowley ISD Net Promoter Score = 100

District staff and families love the support



100% Promoters - 0% Detractors = 100 NPS®



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### What Crowley ISD staff are saying

"As counselors we often distribute resources to families. However, a list of resources may not provide the support that a famliy needs in the midst of a challenge or crisis. Care Solace is a comprehensive referral program that supports the family to and through the help-seeking process."

"I have enjoyed the
ease of use of
CareSolace. When I
explain the service to
my parents they are
open to the concept
and appreciate the
wrap-around support."







# Summer Checklist



Create a consistent sleep schedule



Go on a scenic hike or bike ride



Book a therapy appointment



Host a game night with friends





### Recommendations for continued success

- Support refresher trainings & orientations for staff members
- Promote to staff for wellbeing
- Include in community events
- Share out to your networks
- Promote the resource on social media
- Include in regular communication from district and school sites
- Print & distribute fliers and postcards for events
- Publish a press release related to resources available in district



