



To: Crowley ISD School Board of Trustees
Dr. Michael McFarland, Superintendent of Schools

From: Crowley ISD School Health Advisory Committee
Misty VanCampen BSN RN, Director of District Health Services

Re: Annual Board Report: School Health Advisory Council (SHAC)

Date: May 2023

A **School Health Advisory Council (SHAC)** is a group appointed by the school district to serve at the district level. Members of the SHAC come from different areas of the community and from within the school district. Texas law ([Texas Education Code, Title 2, Subtitle F, Chapter 28, Subchapter A, §28.004](#)) requires the establishment of a SHAC for every school district. SHACs are required to meet at least four times each year.

SHACs assist the districts in ensuring that local community values are reflected in health education instruction. Additionally, SHACs play an important role in strengthening the connection between health and learning. They can help parents and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime.

In [School Health Advisory Council: A Guide for Texas School Districts \(Publication N. E05-12431\)](#) ([See attachment 1](#)), the Texas Department of State Health Services provides school staff and community members basic information about the value of SHACs in creating a healthy school environment for students.

Active members for the 2022-2023 school year:

- a. Misty VanCampen BSN RN, Director of District Health Services, Chairman of the SHAC
- b. Rubie Batiste, Deputy Chief of Staff, Administration Liaison
- c. Trina Harris, Counseling Services Director
- d. Bonnie Barksdale, Education Foundation and Parent
- e. Janice Layne, Coordinator of Parent Involvement
- f. Adra Harper, Grant Compliance Coordinator/ Crowley ISD parent
- g. Megan Rhoades, Hugely Hospital, Community partner
- h. Hannah Post, Aramark representative
- i. Jennifer Timmons, Assistant to the Director of Health Services, community member
- j. Julie Hepler, Community Services Administrator for the City of Crowley
- k. Patti Hill, Aramark representative, Crowley ISD parent
- l. Liz Pinon, Crowley ISD parent, Co-Chairman of the SHAC
- m. Michelle Moren, CISD Parent



- n. Courtney Barnard, Cook Children's representative
- o. Lisa Boltinghouse, Center for Autism
- p. Sherri Williams, Tarrant County Health Dept. Community Partner
- q. Allison Holcomb, Hallmark Baptist Church Faith-based partner
- r. Cathy McMillin, CISD Parent
- s. Victoria Avilia, Cook Children's
- t. Leatress Anderson, Aetna Medicaid Community partner
- u. David Antonini, CISD Parent
- v. Ashley Andrade, Community partner
- w. Lacy Carter, CISD grandmother
- x. Dianna Dallinger, CISD Parent
- y. Crystal Hamilton, CISD Parent
- z. Ginny Kimberlin, CISD Parent
- aa. Keith Warren, CISD Parent
- bb. Calvin Williams, CISD Parent

This year our SHAC plans and goals included:

1. Mental Health
2. Health Fair Involvement
3. Childhood Obesity
4. Victory over Violence Involvement

Our first meeting was held on October 26, 2022 via Zoom with ten people in attendance. We discussed the SHAC meeting norms and commitments, which includes, thriving students, engaging the community, and empowering the the staff. Introductions were conducted and we discussed last year's annual SHAC report including but not limited to SHAC's involvement in recommending the current PE/Health curriculum, the CATCH program. We also reviewed the rise in fentanyl poisonings in our community and brought up recommending Narcan to be available on all secondary campuses. Narcan is a medication that reverses the side effects of an opioid overdose for a short period of time to get the person the help they need. Opioid overdoses are happening more and more in the school setting. We would like to go to the board to present this to have Narcan on every campus. SHAC voted to move forward to present to the board. Hannah Post with Aramark spoke on child nutrition. Aramark is almost fully staffed with employees and is back on track doing monthly promotions. Make your own Raman and potato bar has gone over well with students. Discussed the Mental Health Symposium that is coming up in January 2023. Crowley ISD is partnering with many community partners including MHMR to obtain resources for our students, staff and families who need help. The Mental Health Symposium will take place on Jan 23, 2023.



The second meeting of SHAC was held on January 18, 2023 via zoom, fourteen people were in attendance. SHAC discussed ways to help promote healthy habits and self-care for our employees. We discussed adding wellness areas in breakrooms for employees to check their own blood pressure. The School health personnel of the campus will offer staff information regarding hypertension, healthy habits and blood pressure logs. Information included: pamphlet's on taking Blood pressure, controlling blood pressure, and what to do if you have high blood pressure and the dangers if not treated. We discussed what supplies we would need and support from our health services staff as well. We will order 25 BP wrist machines. Send out a google form to SHAC members on what ideas of incentives we could do for employees. Such as massages, wellness hour, biggest loser contest and possible therapist on site (if liability allows). Nurse VanCampen discussed the importance of being prepared for a cardiac event. Information provided to SHAC on Commotio cordis and how blunt force trauma can cause the heart to go out of rhythm. Is CISD ready if we have an event? Yes, we are prepared and recently had a cardiac event with a student and he was saved. Hannah Post gave information on child nutrition. TEA passed a rule 4 years ago called "The Smart Snack Rule". This rule dictates that all nutrition information has to follow certain guidelines in the rule. Campuses have to adhere to this rule from the hours of 12am-until 30 minutes after final bell rings. Campuses do have 6 days they can use per school year to sell food as a fundraiser. Also spoke on Mental Health Symposium and it will be January 28, 2023 from 9-2pm. Will have 35 presenters, 30 resource tables and breakout sessions. Will get a Spanish flyer to community as well and registration is required.

Our third meeting was held on February 22, 2023 via zoom, with twelve people in attendance. Mr. Daryl Moffett spoke to the SHAC about promoting healthy habits for staff and students. Crowley ISD Health and Wellness Initiative "Our health is our wealth" Crowley ISD supports a strong foundation of health and wellness. Abbie Byrd and John Haenes from Challenge of Tarrant County spoke about a partnership for youth against drugs. The coalition was established in 1984 to help promote prevention, advocacy, and service to youth in our community against drugs. Once a year the DFC (Drug Free Community) grant is open to apply and deadline this year is April 2023, the grant lasts five years and is awarded in August of 2023. SHAC voted to move forward with applying for the grant and also voted in favor of storing Narcan on secondary campuses. Misty VanCampen will speak at next board meeting regarding the Medical Policy FFAC which would include having Narcan available on all secondary campuses for possible opioid poisonings. Hannah Post with Child Nutrition spoke on having a student advisory council regarding school nutrition and menu options. Nutrition will gather a council of students to represent for ideas on menus and promotions by end of school this year.

The third meeting was held on May 3, 2023 via zoom, with 8 people in attendance. Misty VanCampen and Daryl Moffett will continue to meet with the committee to discuss, health, mind and body. Ideas discussed included a partnership with a gym, biggest loser competition,



etc.... to launch our wellness plan. We have applied for the Drug Free Community grant and will find out in August/September if we receive the grant. Nurse VanCampen spoke on the achievements of the All for Them grant. More than 150 students have received vaccinations through this effort including the HPV and other required vaccines to keep our students healthy. Hannah Post with nutrition has sent out survey's for parents and students to fill out to help with the planning of all the menu's for next year. Nutrition requires documentation on a student's allergies and CISD nutrition would like it on our documents, however we will accept another doctor's form. They require documentation from doctor due to having to order a specialty diet item. Megan Rhoades with Texas Health Huguley spoke on partnering with Crowley ISD to increase access for health care for our students and families. SHAC was able to get Narcan on all of our secondary campuses. The SHAC achieved the following goals this year: The Mental Health Symposium was held at CISD, CISD Health Services held a Health Fair during our Hispanic Heritage Bowl, and we received Narcan and delivered to all secondary campuses. SHAC then reviewed over the end of the year report. We will send it all out to the members to approve and vote, then send on to school board. SHAC committee set up our goals for next year. This includes the following goals below.

Goals for the 2023-2024 School Year:

1. Launch the Health & Wellness Plan
2. Childhood Obesity
3. Participation in Violence over Victory Walk/Run
4. Implementing Narcan on all campuses and CISD police officers
5. Partnering with Hugely Health for student HealthCare