

**SATURDAY, JAN. 28 // 9 A.M. - 3 P.M.**

**“MENTAL HEALTH MATTERS” - WE ARE IN THIS TOGETHER**

# **MENTAL HEALTH SYMPOSIUM AND RESOURCE FAIR**

The symposium will serve to educate Crowley ISD students, educators and community members on the topic of various mental health illnesses, along with information on resource agencies.

Hear from keynote speakers and mental health professionals as they address a variety of learners' needs. Crowley ISD is here to equip our community with the tools to help mitigate some of the burdens that can come from poor mental health.

## **MENTAL HEALTH BREAKOUT TOPICS**

- Anxiety and Situational Depression
- Anxiety Topics presented in Spanish and English
- Suicide
- Stress Management, Bullying and Anxiety
- Substance Abuse
- Effect Child Abuse Has on Children and Families
- Grief and Bereavement
- For a full list of topics, please visit the website below

## **SCHEDULE OF EVENTS** (Subject to Change)

8:30-8:45 a.m. - Meet at the Pole

9-9:10 a.m. - Welcome From Dr. McFarland

9:15-9:45 a.m. - Keynote Speaker Trent Shelton

9:45-10:15 a.m. - Student Panel

10:30-11:15 a.m. - Breakout Sessions No. 1

11:30-12:15 p.m. - Breakout Sessions No. 2

12:30-1 p.m. - Resource Fair/Lunch

1:05-1:50 p.m. - Breakout Sessions No. 3

2:05-2:50 p.m. - Breakout Sessions No. 4

2:05-2:50 p.m. - Student and Paraprofessional Job Fair



**Keynote Speaker: Trent Shelton**



**MORE INFORMATION: [WWW.CROWLEYISDTX.ORG/SYMPOSIUM](http://WWW.CROWLEYISDTX.ORG/SYMPOSIUM)**